



CCEA GCSE Food and Nutrition

Year 12 Revision Check List 2023	
<p>Component 1: Food and Nutrition External written 50% The written paper includes multiple-choice, short and structured questions, and questions requiring extended writing. See page 6 to view the breakdown of the course, including controlled assessment: GCSE CCEA Food and Nutrition specification</p>	<p>Examination - 2 hours</p> <p>Tuesday 20th May 2025 (PM)</p> <p>120 marks</p>
<p>Topics to revise</p> <ol style="list-style-type: none"> 1. Food provenance. 2. Food processing and production. 3. Food and nutrition for good health. 4. Energy and nutrients. 5. Macronutrients. 6. Micronutrients. 7. Fibre. 8. Water. 9. Nutritional and dietary needs. 10. Priority health issues. 11. Being an effective consumer when shopping for food. 12. Factors affecting food choice. 13. Food safety. 14. Resource management. 	<p>See page 7-14 for a more detailed outline of each topic: GCSE CCEA Food and Nutrition specification</p> <p>Revision materials:</p> <p>Class notes, exemplar answers, mind maps.</p> <p>My Revision Notes: CCEA GCSE Home ... - Hodder Education (Students have a hard copy).</p> <p>CCEA GCSE Home Economics Food and Nutrition Resources (Hard copy available in class).</p> <p>Fact Files</p> <p>Exemplification of exam performance</p> <p>Past papers and mark schemes</p> <p>BBC Bitesize</p>