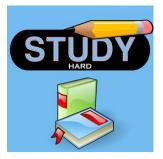
St. Conor's College
Saint Conor's College
Year 12 Revision Guide
Winter Exams 2024
Monday 2 nd December - Friday 6 th December
Name:
Class:
Líving, Learning, Excelling Together

CONTENTS

- EXAM TIMETABLE
- WEEKLY REVISION PLANNERS
- TOP TIPS FOR REVISION
- **REVISION STRATEGIES**
- EXAM VOCABULARY
- WELL-BEING DURING EXAMS
- SUBJECT REVISION LISTS
- EXAM PRAYER



USE THIS STUDY GUIDE TO SECURE EXAM SUCCESS.

WORK HARD & GOOD LUCK!

	Mon 2 nd	Tues 3 rd HALL	Wed 4 th HALL	Thurs 5 th	Fri 6 th HALL
Period 1	STUDY DAY	REVISION	REVISION	REVISION/LLW	REVISION
Period 2 & 3	STUDY DAY	ENGLISH LITERATURE (12C & 12O)	OPTION C CHILD DEVELOPMENT (CF) IRISH MVRUS (AT) PE T&D ART (ART ROOM)	OPTION B AGRICULTURE CONSTRUCTION (NMK/SMS) FOOD & NUTRITION HISTORY IT MVRUS (JD)	RE (OCN RE- CLASS WITH NM & MB P1-3)
Period 4	51001	12C & 12O COURSEWORK	REVISION	REVISION	REVISION
Period 5 & 6	STUDY DAY	12C & 12O COURSEWORK WITH JQ & GME (P4-6)	MATHS	DAS (SAS-CLASS WITH CH & CQ P4-6)	OPTION A BACS BUSINESS STUDIES CONSTRUCTION CHILD DEVELOPMENT (AH) GEOGRAPHY ART (ART ROOM)
Ple	ease No	te that MOND All Year 12 pt			on Day.
<mark>12C</mark>	<mark>& 120</mark> .	ARE REQUIR	•		CSDAY 3RD



WEEKLY REVISION PLANNER NOVEMBER

Date	Day	Subject	Revision Topics
18	MON		

19	TUE	

20	WED	

21	THUR	

22	FRI	

23	SAT	

24	SUN	



WEEKLY REVISION PLANNER NOVEMBER/DECEMBER

Date	Day	Subject	Revision Topics
25	MON		

26	TUE	

27	WED	

28	THUR	

29	FRI	

30	SAT	

01	SUN	



WEEKLY REVISION PLANNER DECEMBER

Date	Day	Subject	Revision Topics
02	MON		

03	TUE	

04	WED	

05	THUR	

06	FRI	

07	SAT	

08	SUN	

St Conor's College Top Tips for Revision

- It's never too early, or too late students who revise know more than those who don't.
- Turn your time over to revision switch off your phone, TV, music etc. Your education is worth your full attention.
- Have a dedicated study place choose somewhere quiet and away from others were you can concentrate.
- Have a revision timetable stick to it.
- Spread your revision of your subjects out over time you can then cover each subject several times.
- Do the harder things first your brain is fresher and you will absorb more than leaving it till last.
- Try different study techniques using a variety of methods will help you learn.

Take regular, short breaks –

get some fresh air, go for a walk, do something else. A 10 minute break every 50 minutes is about right.

STOP: don't burn out –

if you're starting to feel frustrated, angry or overwhelmed. Make a note of what the problem is and take the problem to your next lesson to ask your teacher for help.

Reward yourself –

after a revision session do something you enjoy, you deserve it after your hard work!

- Focus on what you have done not all the things you haven't.
- Drink water and eat 'brain food' avoid sugar and have healthy snacks to keep your mental energy up.

✤ Ask for help –

from your friends, family and teachers.



What is retrieval practice?

"Retrieval practice is a learning strategy where we focus on getting information out. Through the act of retrieval, or calling information to mind, our memory for that information is strengthened and forgetting is less likely to occur. Retrieval practice is a powerful tool for improving learning."





?	
?	
?	==

Use your class notes & textbooks to make a list of the important information & content that you need to know across different subjects.

Then close your books & test yourself. You can create quizzes, use flashcards or complete past exam papers. **Make sure you don't use your notes!**

Retrieve as much information as you can then check your answers. It's important to know what you know and what you don't know ... yet!

Use your answers to inform the next stage of your revision, focus on the areas that you struggled to recall from memory.

What is spaced practice?

"Start planning early for exams and set aside a little bit of time everyday. Five hours spread out over two weeks is better than the same five hours all at once." This is **spaced practice** & it is regarded as one of the most effective revision strategies.







Divide up your revision into short manageable chunks of time . When revising aim for 20 - 30 minutes per session.

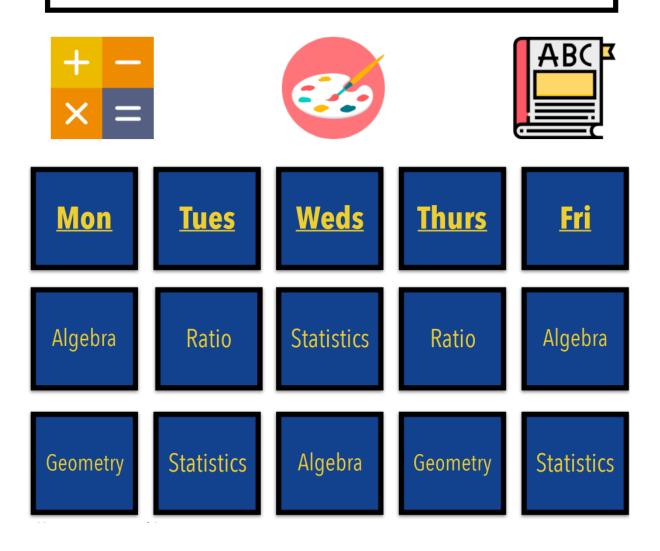
Mass practice or cramming is not effective & can be stressful. This is when you study for a very intense period of time just before the exam.

You need to plan your time carefully to ensure all subjects & topics are covered in shorter chunks over a longer period of time.

Dividing up your revision into smaller, manageable sections will benefit you in the long term - the revision you do for mocks will stick for the final exams!

What is interleaving?

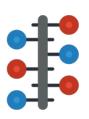
"Interleaving is a process where students mix & combine multiple subjects & topics while they study in order to improve their learning. Blocked practice on the other hand, involves studying one topic very thoroughly before moving to another. Interleaving has been shown to be more effective than blocked practice leading to better long-term retention."



What is dual coding?

"**Dual coding** is the process of combining verbal materials with visual materials. There are many ways to visually represent materials, such as with infographics, timelines, cartoon/comic strips, diagrams and graphic organisers."







Dual coding involves you the learner drawing images, graphs, diagrams or timelines to support your revision notes.

When you are revising using your class materials find or create visuals that link with the information. Compare & combine the visuals with the words.

Don't worry if you don't consider yourself an artist - it isn't about the quality of your illustrations, the focus is to improve and deepen your understanding.

Make sure your images/diagrams are relevant. Becareful when using photos as too many background images can detract from the main points.

Exam vocabulary - Command words

There will be subject specific key terms that you need to learn for each subject. Below are a range of **command words** that could be used in your exams. Do you understand what the exam question is asking you? Command words can vary slightly across different subjects so it is important you understand the command words in the exam question & in the correct context.







Analyse - Examine something in detail and try to explain or interpret it. Annotate - Add to a diagram, image or piece of text to illustrate or describe features rather than just identify them which is labelling. Assess - Consider different options/arguments/factors and weigh them up to reach a conclusion about their effectiveness or validity. Calculate - Work out the value of something. **Compare** - Give a point by point identification of similarities and differences. **Define** - This means *what is meant by* ... give the precise meaning of a term or concept. Describe - Provide an account in detail of an event/individual/concept etc. **Discuss** - Set out both sides of an argument & reach a conclusion, including evidence. Evaluate - Consider different options/factors & reach a conclusion about their importance/impact/value/worth. **Examine** - Consider carefully & provide a detailed account of the topic. **Explain**- Provide a detailed description or interpretation of a term/concept etc. **Identify** - Point out & name from a number of possibilities. **Illustrate** - Refer to a specific case study or example (not illustrate as in draw). Label - Point out specific features on a diagram, image or piece of text. **Justify** - Explain why your selected choice/judgement is better than other options. **Summarise** - Sum up the main points/arguments this can be the similar to outline.

Well-being during exams

The exam period can be stressful that is why it's very important that you revise & prepare as this can help to reduce exam anxiety. In addition to revising there are other strategies you can do to look after your **mental & physical health**.







Eat. Diet is important so don't neglect it during the exam period. Don't skip meals, stay consistent with a healthy balance of meals & stay hydrated.

Sleep. Staying up late to revise is a bad idea! Sleep deprivation can have a very negative impact on concentration, performance & memory.

Exercise. Take regular breaks from revision with exercise. Take part in a sport you enjoy, go for a walk or any activity that is active & part of your daily routine.

Relax. Relax during the exam period? Yes! It is essential that you do make time to switch off & have a break. Watch Netflix, read or talk to friends.



AGRICULTURE & LAND USE

In order to complete this exam, you will need to bring the following materials/equipment:

TOPIC	KNOWLEDGE REQUIRED
	You will need to know and understand:
1. Livestock farming	 Name the five basic freedoms of farm animals Outline five characteristics that can be used to assess the general health of an animal
2. Breeding and	Cows, Sheep and Pigs
2. Breeding and reproduction	 Label a diagram of the male and female reproductive systems; State appropriate gestation periods; Describe different fertilisation methods: Natural fertilisation; artificial insemination (AI); and embryo transfer Evaluate the advantages and disadvantages of each fertilisation method; Cows Describe the benefits of colostrum compared to ordinary milk;
	• Describe the main features of a lactation curve; Poultry
	 Discuss the effects of artificial lighting on breeding and egg production in poultry; Label a diagram of the inside of an egg, to include albumen, egg cell, vitelline membrane, yolk, air pocket, shell and chalazae Know how to incubate an egg (with concern for health and welfare); Poultry and Cows
	 State the typical range of annual production for dairy cow milk and layer egg yield; Discuss, with examples, how selectively breeding farm animals using traits such as growth rate, productivity, conformation, hardiness and longevity has led to the development of different breeds; Give one example of a commercial breed and one example of a traditional breed; Discuss the importance of rare breeds in preserving the gene pool;

• A blue or black pen

Please use notes and past paper questions to fully revise for the exam.



BUSINESS & COMMUNICATION SYSTEMS (BACS)

•

In order to complete this exam, you will need to bring the following materials/equipment:

ΤΟΡΙϹ	KNOWLEDGE REQUIRED
	You will need to know and understand:
Types of Business	 Explain why and how a business
Ownership	starts;
	 Identify and describe the following
	main types of business ownership in
	the private sector: – sole trader;
	 partnership; – private
	limited company; and – public
	limited company;
	Be familiar with terms and keywords
	for these types of ownership;
	 Analyse and evaluate (advantages
	and disadvantages) the main types of
	business ownership in the private
	sector;

A blue or black pen

Spelling, punctuation and grammar will be assessed, and marks awarded in the examination

BIOLOGY-DOUBLE AWARD SCIENCE

Unit2- The Circulatory System

By the end of this topic I should be able to:

Blood Components

2.2.1 use a microscope to examine a blood smear, identify the component parts and demonstrate understanding of their function:

- red cells are a specialised cell adapted to oxygen transport biconcave
- shape, absence of nucleus and haemoglobin containing iron;
 - white cells are a defence against disease;
- platelets have a role in converting fibrinogen to fibrin, causing blood clotting and scab formation;

• plasma transports cells, food molecules, carbon dioxide, hormones and urea;

Cell Lysis

2.2.2 demonstrate knowledge and understanding of the effect of placing red blood cells in water, causing cell lysis (linked to 1.1.2 and 1.6.9);

Blood Vessels

2.2.3 describe the structure of blood vessels (arteries, veins and capillaries) and relate their structures to their functions, including:

- wall thickness;
- presence of muscle and elastic fibres;
- lumen diameter; and
- presence of valves; and

2.2.4 demonstrate knowledge and understanding of the role of the different types of blood vessel, including:

- arteries carrying blood under high pressure away from the heart (usually oxygenated blood);
- veins carry (usually deoxygenated) blood under low pressure towards the heart with valves that maintain the direction of flow;
- capillaries allowing the exchange of material with tissues through permeable walls.

2.2.5 name and demonstrate knowledge and understanding of the functions of blood vessels entering and leaving the heart, lungs, liver, kidneys and intestine, describing the sequence and direction of flow in double circulation of oxygenated and deoxygenated blood;

Effects of Exercise

2.2.6 investigate the effects of exercise on the pulse rate and describe how the circulatory system benefits from regular exercise – strengthened heart muscle and increased cardiac output when at rest;

The heart

2.2.7 examine the heart and relate its structures to the function of a unidirectional pump, including identifying the four chambers, valves, thickness of muscle wall and coronary blood vessels.



Unit 3:Reproduction, Fertility and Contraception

By the end of this topic I should be able to:

Reproduction, fertility and contraception

2.3.1 demonstrate knowledge and understanding of the structure and function of the male reproductive system, including the testes, urethra, scrotum, penis, sperm tube and prostate gland;

2.3.2 demonstrate knowledge and understanding of the structure and function of the female reproductive system, including the ovaries, oviducts, uterus, cervix and vagina;

Sperm formation and pregnancy

2.3.3 sperm cells are specialised cells (linked to 1.1.5) formed by meiosis and are adapted to their function by having a haploid nucleus, **mitochondria for energy production** (linked to 1.1.2) and a flagellum for swimming;

- fertilisation takes place in the oviducts when the haploid sperm and egg nuclei fuse to give a diploid zygote;
- the zygote divides by mitosis many times to form a ball of cells as it travels down the oviduct to the uterus;
- after implantation in the uterus lining, the embryo then differentiates to produce a variety of tissues and organs;
- the placenta is adapted for diffusion by having a large surface area for exchanging dissolved nutrients, oxygen, carbon dioxide and urea and **explain the role of villi in providing these adaptations;**
- these substances are carried to or from the foetus in the blood vessels in the umbilical cord; and
 - the amnion and amniotic fluid cushion the foetus.

Sex Hormones

2.3.4 demonstrate knowledge and understanding that testosterone, produced by the testes, and oestrogen, produced by the ovaries, are sex hormones (linked to 1.6.6) and recall the secondary sexual characteristics they cause to develop;

Menstrual Cycle

2.3.5 describe the events of the menstrual cycle, including menstruation, ovulation, the time when fertilisation is most likely to occur and the roles of oestrogen and progesterone;

Infertility

2.3.6 explain some of the causes of infertility and the following developments in fertility treatment:

- the use of hormones to produce multiple ova;
- in vitro fertilisation; and
- the transfer of several embryos into the uterus;

Contraception

2.3.7 examine how different methods of contraception work and evaluate the advantages and disadvantages of each, including:

Mechanical – the condom (male and female) as a barrier to prevent the passage of sperm and also prevent the spread of sexually transmitted infections (such as HIV leading to AIDS) some of which can lead to infertility if left untreated, for example chlamydia;

Chemical – the contraceptive pill and implants, which change hormone levels and stop the development of the ovum;

Surgical – male and female sterilisation to prevent the passage of sperm and ova respectively; and an awareness that contraception can raise ethical issues for some people

Unit 4: Genome, Chromosomes, Genes and Genetics

Du the and of this toni	a Tabauld ha abla tau
By the end of this topi	c I should be able 10.
2.4.1	an annatic material of an annaismu
	re genetic material of an organism;
Chromosomes	
2.4.2	and an association structures association in functional pairs in the nucleus of
	nes as genetic structures occurring in functional pairs in the nucleus of
cells, except gametes and bacter	ria (linked to 1.1.2 and 1.1.4);
Genes and alleles	
2.4.3	I have a set to be a finite set of the set o
	alleles as sections of chromosomes made up of short lengths of DNA
-	to control characteristics and demonstrate understanding that alleles
are different forms of the same	e gene,
DNA Structure	
2.4.4	
demonstrate knowledge and unde	erstanding of the structure of DNA, including:
•	a phosphate and sugar (deoxyribose) backbone with interlinking bases
to form a c	louble helix;
•	base pairing rules and the unique nature of an individual's DNA; and
•	the link between the DNA code and the build-up of amino acids in
	t sequence to form protein: the base triplet hypothesis
· · ·	ion and translation not required);
Cell Division	
2.4.5	and a discussion of the state o
-	erstanding of mitosis as part of the cell cycle, limited to cell growth and
cell division, which allows organis	
•	grow;
•	replace worn out cells; and
	repair damaged tissue.
Mitosis 2.4.6	
	insting of charmony and using development calls that are consticully
	ication of chromosomes producing daughter cells that are genetically
•	es (names of phases and details of DNA replication not required);
Meiosis 2.4.7	
	another diverse francisco as reduction division (and call production form
-	erstanding of meiosis as reduction division (one cell producing four
	ughter cells) and as a process that, through independent assortment,
required);	provide variation (crossing over and the stages of meiosis are not
Genetic diagrams and terminolo 2.4.8	97
	erstanding of and interpret genetic diagrams consisting of a single
-	ngle gene with two alleles (monohybrid cross) in plants, animals and
humans, including:	ngie gene with two aneles (monorybrid cross) in plants, animals and
	dominant and recessive alleles;
	genotype, phenotype, gamete and offspring ratios, percentages and
probabilitie	
pi obabili ne	->, homozygous and heterozygous genotypes;
	Punnett squares to determine genotype frequencies;
	test (back) crosses to determine an unknown genotype; and
	pedigree diagrams;
•	pearyr ee aruyr urro,

The X and Y chromosomes	
2.4.9	
	derstanding of how sex is determined in humans;
Genetic Conditions	
2.4.10	
demonstrate knowledge and un	derstanding of and explain the inheritance of these genetic conditions:
•	haemophilia;
•	cystic fibrosis;
•	Huntington's disease; and
•	Down's syndrome.
Genetic Screening	
2.4.11	
explore the increasing underst	anding of the human genome and evaluate associated ethical issues of
genetic screening, including:	
•	who decides who will be tested;
•	benefits and risks of amniocentesis compared to blood tests;
•	the dilemma for carriers of genetic conditions after a test that
diagnoses	abnormalities; and
•	making genetic information available to wider society, for example
insurance	companies;
Genetic engineering	
2.4.12	
5	derstanding of genetic engineering as a process that modifies the genome sirable characteristics, including :
•	the basic techniques used to produce human insulin for treatment
of diabet	es (transfer of a human insulin gene into a plasmid of a bacterial cell
	a genetically modified bacterium that can then be cultured in a
	r to produce human insulin);
•	using restriction enzymes to produce 'sticky ends';
•	the need for down streaming (extraction, purification and
packaging) to produce a pure form of insulin that can be used to treat
diabetes	
	the advantages of producing human insulin and other products by
this meth	

BUSINESS STUDIES



In order to complete this exam, you will need to bring the following materials/equipment:

A blue or black pen

Unit 2 – Developing a Business - Human Resources

•

Торіс	You will need to know and understand	
Recruitment	Students should be able to:	
	describe and explain the purpose and content	
	of:	
	 job descriptions; 	
	 person specifications; and 	
	 contracts of employment; 	
	 discuss the advantages and disadvantages of 	
	internal and external recruitment;	
	• discuss the role of social media in recruitment;	
	 evaluate internal and external methods of recruitment; 	
	 demonstrate knowledge of the legal controls that govern recruitment, as well as the ethical issues that underpin legislation, in relation to: race; religion; disability; gender; marital status; and sexual orientation; and 	
	• demonstrate knowledge of the role of the Equality Commission for Northern Ireland in relation to recruitment (students do not have to address specific legislation but should be aware that legislation exists to ensure fairness in recruitment).	

Торіс	You will need to know and understand
Selection	Students should be able to:
	describe the main methods of selection:
	 application form;
	 application letter;
	 curriculum vitae (CV);
	 testing;
	 interview; and
	 presentation;
	 evaluate different selection methods in
	different circumstances;
	discuss responsibilities of both employer and
	prospective employees in the selection process:
	 honesty;
	 objectivity;
	 fairness; and
	 confidentiality;
Appraisal	• explain the reasons for, and the importance of,
	staff appraisal;
	analyse the advantages of appraisal for
	employers and employees;
	 identify and evaluate the following methods of
	appraisal:
	 observation; colf evaluation; and
	 self-evaluation; and
Training	 interview; avalain the following reasons for staff training;
Training	 explain the following reasons for staff training: induction;
	 cnange in procedures; and for businesses to become more competitive;
	 describe the advantages and disadvantages of
	training to businesses and to employees; and
	 describe and evaluate on-the-job training and
	off-the-job training and justify the more appropriate
	method of training for particular circumstances.

Торіс	You will need to know and understand	
Motivation	Students should be able to:	
	explain the importance of motivation for	
	employees, referring to:	
	 lower labour turnover; 	
	 higher quality work; 	
	 fewer accidents; and 	
	 less absenteeism; 	
	 identify and evaluate the suitability in various 	
	circumstances of these methods of financial	
	motivation:	
	o bonus;	
	 commission; 	
	 fringe benefits; and 	
	 profit sharing; 	
	 identify and evaluate the suitability in various 	
	circumstances of these methods of non-financial	
	motivation:	
	 job rotation; 	
	 team working; 	
	 quality circles; and 	
	 flexible working; and 	
	 analyse the following factors affecting job 	
	satisfaction:	
	 wages/salaries; 	
	 responsibility; 	
	o success;	
	 enjoyment; 	
	 working conditions; and 	
	o praise.	

Useful Business Studies resources and videos to aid revision

- Bee Business Bee (YouTube)
- Tutor2You (YouTube)
- BBC Bitesize <u>www.bbc.co.uk</u>
- Two Teachers Business Studies

www.twoteachers.co.uk

• Superprof Business Studies

www.superprof.co.uk



CHEMISTRY-DOUBLE AWARD SCIENCE

In order to complete this exam, you will need to bring the following materials/equipment:

• A blue or black pen

TOPIC	KNOWLEDGE REQUIRED
	You will need to know and understand:
Metals and the reactivity series	 Reactivity series of metals and their reactions with water, steam and oxygen Tendency of a metal to form a positive ion Displacement reactions Place metals of an unfamiliar element Extraction of a metal (electrolysis and reduction)
Redox, rusting and iron	 Rusting practical Barrier methods and sacrificial protection Oxidation, reduction and redox Extraction of iron and its use - Blast furnace
Rates of reaction and Dynamic Equilibrium	 Rate equation (RoR = 1/Time) Practical methods for named experiments Drawing and interpreting graphs Effects of reaction rates on temperature, concentration, collision energy and particle size Catalysts Equilibrium and dynamic equilibrium

NB: Please use notes, specification and questions to complete your own revision notes to fully prepare for the exam.

CHILD DEVELOPMENT



In order to complete this exam, you will need to bring the following materials/equipment:

• A blue or black pen

ΤΟΡΙϹ	KNOWLEDGE REQUIRED
	You will need to know and understand:
Dietary needs of a child	 9 nutrients and their functions Current dietary recommendations for 0-5 years (nutritional bodies) How to <u>evaluate</u> a range of foods Stages of weaning Obesity/food refusal/allergies Factors to consider when planning meals eg budget/labels etc
Child Health and Education	 How to make a child's environment safe Types of accidents which may occur Symptoms of infectious diseases Importance of immunisation Child care facilities Role of agencies eg NICMA Roles of health professionals



CONSTRUCTION & THE BUILT ENVIRONMENT

In order to complete this exam, you will need to bring the following materials/equipment:

- A blue or black pen
- Pencil and ruler

ΤΟΡΙϹ	KNOWLEDGE REQUIRED
	You will need to know and understand:
The main elements and component parts of low-rise buildings	 Strip foundations, including setting out Pile foundations Walls, including head and sill (block, brick, timber and Stud) Floors (solid and suspended) Roofs (pitched and flat) Doors (timber, uPVC, flush, panelled, framed, legged, Windows (uPVC and hardwood) Construction details that comply with the building Damp-proof course (DPC) or membrane; Insulation (wall, roof and floor);

Spelling, punctuation and grammar will be assessed and marks awarded in the examination

DIGITAL TECHNOLOGY (ICT)



In order to complete this exam, you will need to bring the following materials/equipment:

• A blue or black pen

ΤΟΡΙϹ	KNOWLEDGE REQUIRED	
	You will need to know and understand:	
CHAPTER 11 –	 describe an end user's role when developing a prototype 	
Designing Solutions	for a digital system;	
	 demonstrate knowledge and understanding of the purpose 	
	of the following elements of multimedia design	
	documentation:	
	 target audience and user requirements; 	
	 navigation structure design; 	
	– storyboard;	
	 image sources; 	
	 movie timeline; and 	
	 demonstrate knowledge and understanding of the purpose 	
	of the following elements of database design documentation:	
	– data dictionary;	
	 entity-relationship diagram (ERD); 	
CHAPTER 12 – Digital	 describe and evaluate the following interfaces for operating 	
Development	digitally developed packages:	
Considerations	 graphical user interface (GUI); 	
	 natural language interface; 	
	 motion tracking interface; and 	
	– touchscreen;	
	 describe issues associated with accessible design when 	
	developing a digital application; and	
	 describe issues associated with developing digital packages 	
	that are compatible across a variety of platforms.	
	• describe how each of the following improves cross-platform compatibility:	
	plugins, portable document formats (PDFs) and optimised file formats;	
CHAPTER 13 -	 identify and evaluate key multimedia and interactive features used in: 	
Multimedia	 websites supporting e-commerce; 	
applications	– social media; and	
	– gaming;	
CHAPTER 17 -	• explain the role of testing in the development process, including an iterative	
Testing and	approach; and • describe the features of an effective test plan. • explain	
developing	the following approaches to testing: – white box; – black box; – system; –	
appropriate test	alpha; – beta; and – A/B; • describe how to test the following in a multimedia	
plans	package: navigation, multimedia asset operation, load times and script	
	testing.	

ENGLISH Section A

• Task 1, 88 marks, 55 minutes

• Personal or Creative Writing

You will be given an A3 revision sheet with past paper questions and a checklist to practise from. Read the following points carefully.

Up to **58** marks are available for producing an **organised** and **interesting** piece of writing which matches **form** with **purpose** to **engage the interest** of a reader. Up to **30** marks are available for using a range of **sentence structures** and accurate **spelling, punctuation and grammar**

This section tests your **creative or personal writing skills**. You will have 55 minutes to complete this section. You should spend: 10 - 15 minutes **planning**; 30 minutes **writing**; and 5 - 10 minutes **checking** your work.

Use your sample task sheet for revision. Aim to practice at least **four pieces** in **timed conditions** in preparation for Unit 4, Section A. Use the creative / personal writing assessment checklist on your revision sheet to help you to improve your response. You should also peer assess at least one of your practice responses with a friend. We can learn a lot from each other!

Use your notes to revise the following for Section A:

- Purpose, audience, form
- Planning your writing
- Structuring your writing
- Narrative perspective
- Openings
- Adding interest (connecting with your reader, show don't zoom in on details, inward and outward reactions of your character)
- Endings
- Creating a character
- Creating setting
- Creating atmosphere
- Crafting for effect
- Sentence structures
- Sentence types
- Sentence lengths
- Vocabulary for effect
- Making selections of verbs, adjectives and adverbs
- Describing feelings
- Imagery

ENGLISH LITERATURE



You will be asked to write an essay comparing and contrasting how two poets use language, structure and form to contribute to the presentation of their ideas, characters, themes and settings.

Assessment Objectives AO1 – argument AO2 – stylistic devices and poetic techniques (see below) AO3 – comparison AO4 - context

Follow these steps in each of your practice tasks:

- 1. Read
- 2. Highlight and annotate the poetic and stylistic devices. Consider the following linguistic and stylistic devices and narrative techniques:
 - Versification and structure (quatrain, couplet, octave, metre, iambic rhythm)
 - Specific forms, e.g. ode, sonnet, monologue, lyric
 - Similes and metaphors
 - Imagery and use of the senses
 - \circ $\;$ Alliteration and other sound devices e.g. assonance, consonance,
 - repetition, rhyme, rhythm
 - Vocabulary choices
 - Repetition of words and ideas
 - Punctuation
 - Visual impact of the poem on the page
- 3. Form your response into a series of PEAK paragraphs as shown in the examples in class. Use the structure strips given to ensure you are always answering the question appropriately.



FOOD AND NUTRITION (HE)

In your mock exam you will answer a range of short questions worth **1**, **2**, **3 & 4 marks** and longer questions worth **6**, **9 & 12 marks** - very similar to the review questions at the end of each chapter in your textbook.

Topics	KNOWLEDGE REQUIRED
	You will need to know and understand:
1. Food provenance	Why is food provenance important?
	 Four types of fishing methods.
2. Food processing and	 The primary processing of wheat.
production	 The secondary processing of milk into
	cheese.
	 Food additives (E numbers, colours &
	preservatives).
3. Food & nutrition for good	Eatwell Guide.
health	 8 Tips for Eating Well
4. Energy & nutrients	Define the term EAR.
	• Energy requirements for males and females.
	 Managing a healthy body weight (focus on
	PAL & portion sizes).
5. Macronutrients	 The f<u>unction</u> & main food <u>sources</u> of: protein (to include complementation); fats (to include saturated, mono & polyunsaturated and carbohydrates (simple & complex).
6. Micronutrients	 The f<u>unction</u>, main food <u>sources</u> & <u>deficiencies &/or excess</u> of: Vitamins A, D, B1, B12, folate, C. The f<u>unction</u>, main food <u>sources</u> & <u>deficiencies &/or excess</u> of: sodium, calcium & iron. Factors affecting the absorption of calcium & iron.
8. Water	The importance of hydration.
9. Nutritional & dietary needs	Adolescents.
	Older People.
	Lactose intolerance.
10. Priority health issues	Diabetes.
	Dental caries.
11. The effective consumer	Barriers to being an effective consumer.
	Evaluate shopping apps
12. Factors affecting food choice	• Focus on 3 factors in detail.

GEOGRAPHY



In order to complete this exam, you will need to bring the following materials/equipment:

- Black pen
- Ruler

ΤΟΡΙϹ	KNOWLEDGE REQUIRED
	You will need to know and understand:
Population & Migration	 Define the following terms: crude birth rate; crude death rate; and natural change (natural increase and natural decrease); demonstrate detailed knowledge and understanding of the five stages of the demographic transition model as it relates to the following: changing birth rates; changing death rates; and population change; and compare and contrast the population structure of an MEDC with an LEDC, using the following: a population pyramid for an MEDC showing an aged dependent population; and a population pyramid for an LEDC showing a youth dependent population
	 push and pull factors leading to migration; demonstrate knowledge and understanding of the following barriers to migration: human barriers, for example visas; and physical barriers, for example topography; distinguish between an economic migrant and a refugee; Discuss the challenges faced by both refugees and the destination country, using one case study – Syrian refuges to Greece

Changing Urban Areas	Identify the characteristics and location of the following: – CBD; – inner city; – suburbs; and – rural–urban fringe; • interpret aerial photographs and maps, including OS maps, to identify the following: – the general functions of a range of settlements; and – the land use zones of the settlements;
Issues facing inner city areas in MEDCs	 demonstrate knowledge and understanding of the following issues facing many MEDC inner city areas housing: poor-quality housing; and gentrification; traffic: congestion (air quality and journey time); public transport (cost and efficiency); and parking (cost and availability); and cultural mix: ethnic tensions, religious tensions and language barriers.
	Evaluate one MEDC urban planning scheme (for example Titanic Quarter, Belfast) that aims to regenerate and improve the following in the inner city zone: – housing; – employment opportunities; – transport; and – the environment;
	 Describe and explain the location, rapid growth and characteristics of shanty town areas, using one case study of an LEDC city – KOLKATA, INDIA

Spelling, punctuation and grammar will be assessed, and marks awarded in the examination

HISTORY



In order to complete this exam, you will need to bring the following materials/equipment:

A black pen

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ΤΟΡΙϹ	KNOWLEDGE REQUIRED
	You will need to know and understand:
Co-operation ends and	Breakdown of the wartime alliance between the USA and USSR
the Cold War begins	in 1945: - Yalta - Potsdam - Hiroshima, Nagasaki and the start of
	the Cold War - the ideological differences between the USA and
	the USSR: the superpowers
Emerging superpower	The Soviet takeover of Eastern Europe: - actions of the USSR in
rivalry and its	Eastern Europe, 1945–49 - the response of the USA and its
consequences, 1945–49	allies
	The emergence of the Cold War and the impact on relations,
	1946–47: - Iron Curtain speech - Truman Doctrine and Marshall
	Plan
Flashpoints in Europe and	The actions of the USSR in Eastern Europe and the impact on
the impact on	international relations: - the Berlin Blockade and Airlift, 1948–
international relations	49: causes, events, and the consequences and impact on
	relations - Hungary, 1956: causes of the uprising, crushing of
	dissent by the USSR, the response of the West, and the
	consequences and impact on relations - Berlin, 1959–61: reasons
	for growing tension over Berlin, the response of the West, the
	building of the Berlin Wall, and the consequences and impact on
	relations - Czechoslovakia, 1968: the causes of the Prague
	Spring, the Soviet response, the response of the West, and the
	consequences and impact on relations
Flashpoints outside	The actions of the USA and USSR outside Europe and the impact
	on international relations: - Korean War, 1950–53: the reasons
international relations	for USA involvement in the Korean War, the role of China and
	the USSR, the key events and consequences of the war and its
	impact on relations - the conflict in Vietnam, 1950–73: the
	reasons for USA involvement, 1950–64, the actions of the USA,
	1965–73, the role of China and the USSR, and the key events and
	consequences of the war and its impact on relations - Cuban
	Missile Crisis, 1959–62: the causes of the Cuban Missile Crisis,
	the actions of the USA and USSR, the key events and
	consequences of the crisis and its impact on relations.

**Spelling, punctuation and grammar will be assessed and marks awarded in the examination*

IRISH



In order to complete this exam, you will need to bring the following materials/equipment:

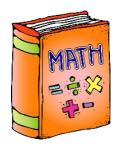
• A blue or black pen

ΤΟΡΙϹ	KNOWLEDGE REQUIRED
	You will need to know and understand:
UNIT 1	Myself
Myself, Family &	Relatives
Friends	Adjectives to describe self, family &
	friends
	• Jobs
	 Days, Months, Years
	 Relationships with my family &
	friends
	Hobbies
	Description of friend
UNIT 2	School Types
School Life, Part-time	 Details about my School
Jobs & Future Plans	Subjects
	Likes & Dislikes
	 Justifying Opinions
	• Time
	School Day
	School Uniform
	School Facilities
	School Clubs/Extra Curricular
	Activities
	Part-time Jobs
	Work Experience
	Future Plans
UNIT 3	Sports & Hobbies
Leisure Activities	Sports Equipment
	 Frequency-gach lá, ag an deireadh
	seachtaine etc
	Description of weekend

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UNIT 4	• The Body
Health & Lifestyle	Illnesses
	 Types of Treatment
	Feelings & Emotions
	Healthy Eating
UNIT 5	 Verbs-múscail, éirigh, ith, ól, rith,
Daily Routine	déan, feic, téigh, scuab etc
	Past Tense
	Present Tense
	Future Tense
UNIT 6	The House
The Local Environment	 Village, Town, City
	• Features of the Countryside
	 Features of the City
	• Countrylife v City Life-Advantages &
	Disadvantages
Unit 7	Counties
Travel & Tourism	Countries
Holidays & the Gaeltacht	Modes of travel
	• Adjectives to describe journey
	 Types of Accommodation
	 Holiday Durations
	Holiday Activities
	Weather
	 Opinions about holidays &
	justification

Use notes, topic booklets and past paper questions to revise. Ádh Mór Ort!

MATHS M6, M7 and M8 Pupils



In order to complete this exam, you will need to bring the following materials/equipment:

- A blue or black pen
- Highlighter
- Calculator (you must bring your own)

You will have 2 exams one calculator and one non-calculator

ΤΟΡΙϹ	KNOWLEDGE REQUIRED
	You will need to know and understand:
Number	Binary (M6/M7)
	 Estimating (M6/M7)
	 Estimating square roots (M6/M7)
	 Inverse operations (M6/M7)
	Ratios (M6/M7)
	 Direct proportion – recipes (M6/M7)
	 Best buys (M6/M7)
	 Exchange rates (M6/M7)
	 Standard form (M7)
	• Surds (M7)
Algebra	Sequences (M6/M7/M8)
	nth term (M6/M7/M8
	 nth term of linear sequences (M7/M8)
	 Conversion Graphs (M6/M7/M8)
	 Travel Graphs (M6/M7/M8)
	 Laws of Indices (M6/M7/M8)
	 Trial and Improvement (M7/M8)
	Simultaneous Equations (M8)
	 Indices – fractional and negative powers (M8)

Marks will be awarded for working out, therefore show working out for ALL questions



MOTOR VEHICLE & ROAD USERS STUDIES

In order to complete this exam, you will need to bring the following materials/equipment:

A blue or black pen		
ΤΟΡΙϹ	KNOWLEDGE REQUIRED	
	You will need to know and understand:	
Motor Vehicle	The Highway Code	
and Road User	 Driving and riding under adverse conditions 	
Theory	 Physical and mental fitness of the driver 	
	Causes and prevention of road collisions	
	 Methods to reduce road and traffic collisions 	
Legal	• Motor insurance – including terminology used and documentation	
Requirements	The vehicle	
	Helmets	
	Components checked at the MOT etc	
Road	• Development of the Modern Road System and Traffic Management	
Transport and	 Development of the Internal Combustion Engine 	
its Effect on	• Development of Transport: Motor Cars Pre–1914, Horseless	
Society	Carriages, Motorcars Post–1914, Mass Production and Modern	
	Motor Cars	
	Motoring Laws	
	 Social and Environmental Effects of Pollution 	
Motoring	Buying a vehicle	
Mathematics	Standing/running costs	
	Additional costs	
	• Other – such as fuel consumption, stopping distances, speed, travel	
	graphs etc	

Resources to be used for revision:

- Past Paper Question Booklet
- Mind Maps for each chapter
- Revision Booklet

GCSE PE



In order to complete this exam, you will need to bring the following materials/equipment:

A blue or black pen

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ΤΟΡΙΟ	KNOWLEDGE REQUIRED
	You will need to know and understand:
	 Definitions for health and fitness.
1A - Health, Fitness and	• Consequences of a sedentary lifestyle.
Training	Positive lifestyle choices.
1B – Diet and Nutrition	 Main nutrients and their functions.
	 Components and their definitions.
1C – Components of Fitness	Appropriate fitness tests used for each
	component.
1D – Methods of Training	 Identify methods of stretching.
	Explain methods of training suitable for
	developing cardiovascular endurance.
1F – Warm Up and Cool	 Know the three stages of a warmup.
Down	
2A – Muscular Skeletal	Know the bones of the body.
System	 Know the main muscle groups.
3A – Muscular Contractions	 Identify and explain the characteristics
	of an isometric muscle contraction.
3C – Planes and Axis	 Identify planes and axis of
	movements.
3D – Sports technology	 Advantages of using technology to help
	improve sporting performance.
4A – Goal Setting	 How a sports person could use goal
	setting in their training and reasons why
	we use goal setting.
4B – Information processing	 Know the information processing
	model.
	 Explain why feedback is important
	when learning a new skill.

Spelling, punctuation and grammar will be assessed, and marks awarded in the examination

man

PHYSICS – DOUBLE AWARD SCIENCE

In order to complete this exam, you will need to bring the following materials/equipment:

- A blue or black pen
- A ruler, protractor, pencil and rubber
- A calculator

TOPIC	KNOWLEDGE REQUIRED
	You will need to know and understand:
Waves	 that waves transfer energy through vibrations The difference between transverse waves and longitudinal waves and give examples frequency, wavelength and amplitude of waves graphs of displacement of the particles against time and displacement of the particles against distance Wave equation calculations: v= fA Echoes (SONAR, RADAR) and echo calculations Ultrasound-definition and uses Electromagnetic Spectrum- order, uses and dangers
Light	 Reflection of light by a plane mirror (angle of incidence and angle of reflection) Properties of images seen in a plane mirror Refraction of light through a glass block Dispersion Lenses

Spelling, punctuation and grammar will be assessed, and marks awarded in the examination

RELIGION



In order to complete this exam, you will need to bring the following materials/equipment:

ΤΟΡΙϹ	KNOWLEDGE REQUIRED
	You will need to know, understand and be able to critically evaluate:
The Titles of Jesus	Students should be able to demonstrate knowledge and understanding of, and critically evaluate: The meaning and significanceof the identity of Jesus, both for His disciples and for Christians today, by studying key events relating to Histitles as Son of God, Messiah, Son of Man, Son of David and Saviour: - the ministry of John the Baptist - calming the storm - Jesus feeds the 5000 - Peter's declaration about Jesus - the Transfiguration - the request of James and John - blind Bartimaeus - Jesus' entry into Jerusalem
Jesus the Miracle Worker	Students should be able to demonstrate knowledge and understanding of, and critically evaluate: The healing miracles Jesus performed, taking account of their controversial nature and their contemporary meaning and significance for Christian truth and witness: - A man with an evil spirit - Jesus heals many people - A man with a dreaded skin disease - A paralysed man - A man with a paralysed hand - Jairus' daughter - A woman with a haemorrhage - the Syro-Phoenician woman's daughter - A boy with an evil spirit

• A blue or black pen

Spelling, punctuation and grammar will be assessed and marks awarded in the examination



TECHNOLOGY & DESIGN

In order to complete this exam, you will need to bring the following materials/equipment:

- A blue or black pen
- a pencil
- a ruler
- a rubber
- a sharpener.

ΤΟΡΙϹ	KNOWLEDGE REQUIRED
	You will need to know and understand:
Tools and Equipment	 the names and functions of all
	tools and equipment
Hazard Symbols	 all hazard symbols including
	precautions
Manufacturing	 the various manufacturing
	stages for multi- material
	products
Material Properties	 specific woods, metals and
	plastics
	Know the properties of specific
	woods, metals and plastics
Sustainability and the	 what makes products
Environment	sustainable
	 the environmental impact of
	products and materials
	 the importance of product
	maintenance
Quality Control	 about the use of jigs, moulds
	and templates to ensure quality
	control and speed up production

Spelling will be assessed, and marks awarded in the examination

EXAMINATION PRAYER

Dear Lord,

Help me approach my exams

with a clear head and a calm mind.

Give me your strength

and your peace

and let me do justice to

all that I have learned.

Thank you Lord,

for all my talents and gifts.

AMEN

